

PROGESTIN SIDE EFFECTS

More common:

- Changes in vaginal bleeding (increased amounts of menstrual bleeding occurring at regular monthly periods, lighter vaginal bleeding between menstrual periods, heavier vaginal bleeding between regular monthly periods, or stopping of menstrual periods)
- Symptoms of blood sugar problems (dry mouth, frequent urination, loss of appetite, or unusual thirst)
- Abdominal pain or cramping
- Bloating or swelling of ankles or feet
- Blood pressure increase (mild)
- Dizziness
- Headache (mild)
- Mood changes
- Nervousness
- Swelling of face, ankles, or feet
- Unusual or rapid weight gain

Less common:

- Mental depression
- Skin rash
- Unexpected or increased flow of breast milk
- Acne
- Breast pain or tenderness
- Brown spots on exposed skin, possibly long-lasting
- Hot flashes
- Loss or gain of body, facial, or scalp hair
- Loss of sexual desire
- Trouble in sleeping

Rare:

- Symptoms of blood clotting problems, usually severe or sudden, such as:
 - Headache or migraine
 - Loss of or change in speech, coordination, or vision
 - Numbness of or pain in chest, arm, or leg
 - Unexplained shortness of breath

- Heart attacks
- Strokes
- Problems of the liver and eyes

After you stop using this drug, your body may need time to adjust. The length of time this takes depends on the amount of progestin you were using and how long you used it. You may experience such effects as:

- Delayed return to fertility
- Stopping of menstrual periods
- Unusual menstrual bleeding (continuing)
- Dizziness
- Nausea or vomiting
- Unusual tiredness or weakness