

Silver Biotics Information and Usage Guide for Your Reference

What is Silver Biotics?

(From the [ABL Silver website](#)):

- **SAFE:** Our silver particles are excreted from the body within 24 hours. Therefore, supplements made with our silver particles can normally be ingested daily as a dietary supplement without building up in the body.
- **EFFECTIVE:** Our silver particles reach their peak absorption in the blood stream within 2 hours (quick and effective absorption).
- **COST EFFECTIVE:** Because of their multiple modes of action, you need less of our nano-silver particles to accomplish the same thing as you would with other ionic or colloidal silver particles (this results in much less silver ingested comparatively).

What makes Silver Biotics so safe and effective?

(From the [ABLSilver website](#)): We understand that some people have concerns with using a silver product. What has never really been addressed is the fact that not every silver product is the same.

Colloidal silver is a broad term for a solution that can contain various concentrations of ionic silver compounds, silver colloids, or silver compounds bound to proteins in water. Colloidal silvers have been around for hundreds if not thousands of years and have been used by many ancient civilizations as a means to maintain health. Before the mainstream discovery and acceptance of antibiotics in the early 1900's, silver products were used by doctors. These earlier versions of silver products are not to be discounted because they indeed provided countless favorable benefits to those who used them to improve their health. But just like any new discovery, as technology and science advances, we find more efficient and effective ways to design and engineer products.

All silver is not created equal. Ionic Silver is one of the most common forms of silver liquid found in the supplement industry today. Many are made by diluting chemical forms of silver, like silver nitrate, to a desired parts per million (ppm), which is then bottled and sold to the public.

Although ionic silver products have the smallest particle size (which they usually tout), they are often the least stable and can easily fall out of solution.

Additionally, ionic forms of silver only have one mode of action. Once each silver ion steals its missing electron, it becomes neutral and is no longer useful in the body

Lastly, ionic forms of silver are metabolized, and as a result, can bind up in the body. Over extended periods of time this build up could cause a skin condition known as Argyria, otherwise known as the blue man's syndrome.

Through a new manufacturing technology, patented under multiple patents, our advanced nano-silver solution has become the new standard by which all other silver products are measured. We call this new generation of colloidal silver, SilverSol[®], or SilverSol Technology[®]. Not only is our SilverSol Technology[®] more advanced than the original colloidal silvers, but through years of research at leading universities, we've compiled thousands of pages of test work documenting many key advances.

Can I use Silver Biotics if I am allergic to silver?

That depends. If you are truly allergic to silver itself, then it is not advised. You can test this by applying Silver Biotics to the inside of your arm and if an irritation or rash develops within 12-24 hours, then you are allergic. However, if you are “allergic” to silver jewelry, you are likely reacting more to the nickel present in the silver not the silver itself. In which case, do the skin allergy test before consuming to be sure.

How to use Silver Biotics Liquid

Do I have to take it on an empty stomach?

On an empty stomach is ideal, but overall it really doesn't make too much of a difference. Additionally, some people take the product once a day in the morning, whereas others choose to break up their daily dose between morning and night so that the silver is always in the body working for them (in test work, they found that our silver hits its peak in the blood stream in about two hours after ingestion and is then eliminated from the body within 24 hours).

Is Silver Biotics safe for babies or pregnant/nursing moms?

Although the company has never received any information indicating that the Silver products should not be used by pregnant or nursing mothers, the only thing we are legally allowed to say is consult with your healthcare provider before using any supplements during pregnancy or while nursing. To date, we have had many clients successfully and safely use these products with their children (and pets), as well as during pregnancy and lactation. Prevention dosage for children (20-90lbs) is usually ½ tsp twice daily; this can be doubled or tripled during a time of illness.

Can I take Silver Biotics if I am taking other supplements and/or medications?

We have not had any reported negative interactions with the Silver products being used in conjunction with other products, even with them having sold more than ten million units. However, this does not mean that there isn't something out there that could interact with these products, so if you have questions or concerns about a particular issue, please consult your healthcare provider.

Can I take Silver Biotics if I am on antibiotics?

Yes, in fact Silver Biotics will enhance the action of your antibiotics 10 fold so in the unfortunate event you have to use antibiotics, be sure to take your Silver Biotics as well for the best results. The Silver will kill the bacteria that the antibiotics may miss.

Can I take Silver Biotics if I have a cold?

Yes, unlike an antibiotic, the Silver Biotics will also fight viruses by interfering with the duplication and replication phases of the viral invasion. This is why it's critical to have Silver Biotics on hand so you can begin using it immediately, at the first sign of a viral infection. If you can stop a virus from duplicating within the first four hours of infection, you have a good chance of stopping the symptoms entirely!

Can I take Silver Biotics daily?

If you choose to, yes. The silver liquid products are designed to be consumed orally on a daily basis to help support the immune system. Silver Biotics creates no resistance or superbugs (like antibiotics do) and can be taken every day for prevention, with an increased dosage in the event of a crisis.

Is Silver Biotics safe for delicate areas?

Yes, both the liquid and the gel are completely safe for use in any orifice of the body including eyes, ears, nose, mouth, rectum or vagina.

What can I use Silver Biotics for?

The question should be what *CAN'T* you use Silver Biotics for. Both the liquid and the gel should be in every person's first aid kit. Below is a list of common ailments and corresponding dosage suggestions. As always, if you are unsure, please contact us or your healthcare provider for more assistance.

As a **general treatment** for most things, you can use 1-3 tsp two to three times per day.

Drink it straight, it does not need to be diluted. *****note: The more severe the ailment, the higher the dose, and the greater the frequency.***

Autoimmune issues : Silver Biotics is helpful when dealing with autoimmune issues since it does not stimulate the immune system, but instead destroys pathogens to take that load off the body.

Bladder Infection:

If bacteria get in the bladder, they will duplicate every 20 minutes so a bladder infection can get quite serious very fast. If not addressed immediately, the bacteria can travel to the kidneys causing a more serious kidney infection. To treat a bladder infection (AT THE FIRST SIGNS OF DISTRESS – don't wait "to see" if it's an infection) take 2 TBSP every hour for the first two days, then reducing to 2 TBSP twice daily for two weeks. You should expect improvement within 12-24 hours (faster than you can get a prescription and start taking it – another reason to always have a bottle on hand!).

Bronchitis: whether bacterial or viral, inflammation from bronchitis results is excess mucous, clogged lungs and coughing. Drink 2 tsp Silver Biotics two to four times daily, inhale from a nebulizer 15 minutes twice daily and/or use an intra-nasal spray twice a day for congestion.

Burns: Silver Biotics can be used for any kind of burn whether from the sun, radiation, chemicals, fire or other source of heat. It reduces pain and speeds healing while insuring the wound stays free of infection for faster healing. Silver liquid can be sprayed on the wound every few hours or the gel can be applied several times per day.

Candida/yeast/fungus: Silver Biotics is an effective tool when it comes to treating intestinal Candida. You will find Silver Biotics is a critical component of our Candida Program. Dosages and instructions can be found in the “Eradicate Candidiasis in 4-6 Weeks” e-Manual in our online store.

Cold and flu prevention: Apply the gel to your washed hands; it will sanitize them for four hours. Take 1 tsp twice a day or at the very first sign of cold or flu take 2 tsp immediately and then continue with one tsp twice a day until you are past the danger zone, BUT if you do contract a cold or flu, continue with 2 tsp 3 times a day until you are better.

Cold Sores: Silver is very effective at stopping the herpes virus from duplicating. Apply the Silver Gel topically immediately and every few hours, while taking the liquid internally (usually 2 tsp 2-3 times daily – swish the liquid in your mouth for six minutes before swallowing for the best effects).

Colitis/Diverticulitis or IBS: Take 2 tsp twice daily to keep infection in the colon under control and consider additional treatments to rectify these issues.

Coughs and Croup: Using your Silver Biotics liquid in a sterile spray bottle, spray into the throat every hour. You may also want to try using Silver liquid from a nebulizer for 15 minutes twice a day to help with lung congestion. Used intra-nasally, it can help alleviate sinus congestion, sore throat or post-nasal drip.

Ear infections: 2-3 drops two to three times per day. Keep ear pointed upwards for ten minutes to allow silver access into ear cavity (make sure ear canal is full).

Eye infection (Pink Eye): 2-3 drops 2 to 3 times per day. Keep liquid in eyes for up to six minutes for optimal exposure.

Foot/toe fungus: When Silver Biotics comes in contact with toenail fungus it will kill it within minutes. The problem is getting underneath the nail. If possible, get the through the nail and clear out as much fungus as possible with a blunt instrument., then soak the toe in Silver Biotics for 30 minutes every other day (you can use the same liquid). If you can't get the Silver Biotics through the nail, file down the top layer of the nail until it becomes water soluble. This will allow the silver to reach the fungus and kill it. It will take several months for the nail to grow out completely. For feet, apply gel twice a day.

For a fever, food poisoning, diarrhea, or flu: These require an aggressive treatment right away. At the earliest sign of illness, drink one ounce followed by 1-2 Tbsp every hour for the next 8 hours. Continue with 1 tsp every hour until better.

Liver Disease/Hepatitis: Silver Biotics can destroy the bacteria and viruses that harm the liver. By restoring proper liver function, all systems of the body are benefitted and overall wellness is increased. For these results, drink two TBSP of Silver liquid twice daily. For severe cases of hepatitis, this dosage should be doubled.

Malaria: To fight malaria, drink a total of one ounce of Silver Biotics each day. On average, the disease will be neutralized within five days. This dosage should be continued for two weeks. To prevent malaria from infecting the ears, eyes, or causing diarrhea, put the Silver ASAP Gel on your hands, mouth and nose. Liquid can also be sprayed on these areas.

Mononucleosis (Mono): is an infection that produces flu-like symptoms. To relieve the symptoms, drink four ounces for two days, sipping every hour. Drink two ounces a day for the next five days. For maintenance, drink two tablespoons in the morning and at night.

Mouthwash, dental plaque/decay, throat infection: gargle or swish for 6 minutes to expose pathogens for sufficient time to kill bacteria, and then swallow.

Sinus infections: You must pump the Silver Biotics liquid or drop it into your sinus cavity and let it sit for as long as you can. 10 minutes is best. If you have a lot of mucus you must first clear it out by steaming or taking a decongestant (only to clear the mucus so that you can get the Silver Biotics into your sinuses so that it can make contact with your mucus membranes to kill the bacteria.)

Sore/strep throat: 1–3 tsp. Gargle for 6 minutes (swallow solution) every 2 hours for strep, twice daily after.

Tooth/jaw infection: 1-3 tsp 2 to 3 times per day, use up to 3 months depending on severity of infection. Also apply Silver gel to affected area and/or use Silver Gel or Tooth Gel for brushing teeth.

Ulcers: Ulcers are caused by a bacterium called H.Pylori. It destroys the lining of the stomach and intestines, sometimes causing a bleeding ulcer. By drinking 1 tsp of Silver Biotics three to five times per day, it can enter the stomach and destroy the bacteria causing the ulcer. It should take two weeks to get the H.Pylori under control but treatment should be continued for at least one full month.

Vaginal Yeast Infections, Vaginal Itching, Burning or Discharge: Dr. Pederson advises women to either use a douche bag or get a clean turkey baster. Put 2 oz of Silver Biotics in either, squirt as high into the vagina as possible (you may want to do a practice run so that the silver liquid is not wasted), tilt hips (i.e. lie on the floor and put pillows underneath your hips), and hold fluid in for AT LEAST 10 minutes (it takes a few minutes for the liquid to trickle into the places it needs to reach). Do this vaginal rinse two days in a row and the infection, discharge or source of bacteria causing the itching should totally go. For added support, apply some gel on a tampon wear for 90 minutes, repeat twice a day.

Water Purification: Silver Biotics Liquid purifies raw river water 99.99% 8 oz glass of water is purified by Silver Shield with 4 drops of water in 1.4 minutes. 34 oz of Silver Shield purifies 50 gallons of storage water in 10 minutes.

How to use Silver Biotics ASAP Gel

ASAP365™ Silver Gel is formulated using a unique and patented 24 PPM SilverSol Technology® solution. This silver gel is the ideal choice for almost any cosmetic use. With its powerful 24 ppm SilverSol® gel formula, your skin will immediately benefit from its many unique properties. Not only does it help hydrate and rejuvenate the skin, but more importantly, it helps to promote natural healing. Your skin is exposed to more damage than you may realize, and sadly, much of it is unavoidable. Use ASAP365™ Silver Gel every day to give your skin the upper hand, and join the thousands of individuals who have already come to love the rejuvenating benefits of ASAP365™ Silver Gel.

The product is currently being used by thousands of men and women to help soothe and renew skin all over the body. It has become a necessary ingredient for daily skin care routines, as it helps naturally make the skin feel noticeably softer. The simple fact that this product works is why it is becoming a top choice in skin care worldwide.

Our silver gel can be used as often as you like and on any part of the skin to help promote natural healing. It is ideal for soothing, rejuvenating, and making the skin feel incredibly soft.

Acne, Boils, Rashes, Bites and Bacterial/Viral/Fungal Wounds: you can use the liquid in a spray bottle and spray as needed or as often as 6 times per day, and/or apply the gel at least twice daily.

After Shave: Apply Silver ASAP Gel after shaving (men and women) to prevent razor burn, ingrown hairs, or bacterial infections from an unclean razor. Silver ASAP Gel can even be used in place of shaving cream (wet face first with water then apply a thin layer of gel before shaving).

Body Odour: use Silver ASAP Gel in place of or in addition to your natural deodorant product. Apply first and let dry before applying your natural deodorant. For internal use, swallow 1-2 tsp of the liquid Silver Biotics one to three times per day for blood cleansing.

Cankers and mouth sores: Apply Silver ASAP Gel several times daily.

Chicken Pox (or Shingles): Apply the Silver ASAP Gel as soon as you notice the blisters starting to form, and every four hours (and before bedtime) until they have healed. Silver will reduce the impact on the skin and scarring will be lessened. Drink 2 tsp of the Silver liquid 2-3 times per day.

Cuts and Lacerations: Use Silver ASAP Gel in place of your usual medicated antibacterial remedy (such as Polysporin). Apply topically two to four times daily for faster healing.

Dandruff: if your dandruff is caused by a fungal, bacterial or yeast infection, apply the Silver ASAP Gel to your scalp, rub it in and let sit for 10 minutes. This will stop both bacterial and fungal infections, keep the scalp moist so it can heal, and reduce flaking. Also makes a great “aftershave” for men who shave their heads.

Diaper Rash: Apply Silver ASAP Gel to the affected area and let dry for two minutes at each diaper change. This will help kill bacteria and yeast present in this warm, moist area.

Foot Odour: Apply Silver ASAP Gel to your feet after washing and let dry before putting your socks on or wearing sandals. If chronic stinky feet are an issue no matter what you do, consider doing a colon cleanse.

Hemorrhoids: Apply the Silver ASAP Gel to the affected area twice daily and/or after each bowel movement.

Jock Itch (or Athlete's Foot): Simple application of the gel twice daily should keep it under control.
**note, this can affect both men and women.*

Makeup Base: Silver ASAP Gel provides a soothing base for skin easily irritated by makeup (or more commonly the bacteria and mold that accumulates in makeup). Apply a thin layer and let dry before applying makeup.

Men's Health: Silver ASAP Gel is very safe and effective for use on male reproductive organs.

MRSA: This of course is a serious ailment, and you will want to use both the Silver liquid and Silver Gel to treat it. Apply the Silver Gel every 2-4 hours to the affected area and contact us regarding dosages of the Silver Liquid.

Personal Lubricant: although not slippery like a typical lubricant, it does offer some lubrication. Silver ASAP Gel is very soothing to the delicate vaginal tissues and can help keep bacteria under control.

Rosacea: The gel needs to be applied twice a day to a washed and dried face.

Travel: To prevent the spread of germs while travelling, use the Silver ASAP Gel on your hands every 4 hours. You can also insert a small amount of gel inside your nostrils for prevention especially when flying or when in close quarters with lots of people. Drink 1-3 tsp of Silver Biotics liquid daily before and during your trip for prevention.

Warts: Put the gel on the wart and then cover it with a Band-Aid to keep the gel in contact with the wart. Repeat until the wart is gone (this could take several weeks).

How to use Silver Biotics Tooth Gel

SilverSol® Tooth Gel combines the unique benefits of our patented SilverSol Technology® with USP verified xylitol and 100% pure and natural therapeutic grade organic peppermint oil to create a powerful new tooth gel designed to help clean your teeth like no tooth gel has ever done before.

Unlike other tooth gels and toothpastes, our SilverSol® Tooth Gel is family friendly. We've gotten rid of the fluoride, parabens, SLS, artificial colors and made it non-abrasive.

Suggested Use: For best results, brush teeth with Silver Sol Tooth Gel after each meal or at least twice a day. Apply generously to wet toothbrush and brush as normal or as directed by a health professional. Do not rinse your mouth after, you want the silver to remain in contact with your teeth and gums for the best results. The Silver Sol Tooth Gel is safe to swallow, or you can spit the residual out.

WARNING: *Dog owners should know that xylitol can be toxic to dogs, even when the relatively small amounts from candies are eaten. If your dog eats a product that contains xylitol, it is important to take the dog to a veterinarian immediately.*

Has this product been researched? Are there studies?

(from the [ABLSilver website](#)): If it is credibility you want, then it is credibility you will get. Over the last two decades we've spent millions of dollars with universities, private institutions, and labs, working to understand the many unique qualities present in our SilverSol Technology®. These tests have ranged from research on our particles, efficacy studies, and safety studies, including the first ever double blind, placebo controlled, human ingestion safety study done on a nano-silver particle. There have also been more than 8 peer-reviewed and published scientific and medical journal articles written on our technology. So, where do we stand now after having invested so much in research?

We like to believe, with some pretty high certainty, that we maintain one of the largest private libraries on the molecular structure, use, and efficacy of nano-silver particles. Unfortunately this library remains private and unavailable to the general public. We would love to share more with you but with current government regulations as they are, our hands are tied.

What we have done, however, is compiled a few articles and reports that summarize some of the important data we've spent years collecting. Feel free to explore these various papers to learn for yourself why our products and technology are so different. www.ablsilver.com

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NOTE: much of this information is directly from the Silver Biotics website – for further exploring, reading and learning please visit www.ablsilver.com for articles, documents and videos.